

Thoreau and Hawthorne spent time composing their renowned writings. Cruise to the Old North Bridge where the shot heard around the world was fired. All this and more, without the mosquitoes.

You will be able to select your choice of catered lunch prior to the cruise.

Friday, June 21

Gary Hylander Lecture

Topic: *Boston Molasses Flood*

11:00 am, Activity Room

Gary Hylander holds a Doctorate in Presidential History and is a scholar entirely impassioned by his subject matter. He makes U.S. history come alive as he lectures here each month.

This month's topic is: *Boston Molasses Flood*. In the early afternoon of January 15, 1919, a fifty foot steel tank filled with over two million gallons of molasses collapsed in Boston's North End sending its sticky contents in a fifteen-foot wave through the neighborhood streets. The disaster was blamed on immigrant anarchists and seen by many as proof that the nation was imperiled by Bolsheviks and others. The event knocked the end of World War I and Prohibition out of the headlines.

Monday, June 24

Pop Up Library

11:00 am, Pub

Kim Blakely, the Adult Services Librarian at Wilmington Memorial Library, will be coming to bring books, audio-



books, magazines and DVDs to the Pub for residents to check out. When Kim comes, she can register residents for library cards. Kim can also bring items based off of resident suggestions and requests. Please let Danielle from Activities know ahead of time if you would like anything specific.

Wednesday, June 26

Steps in Time Dance program

with Michael Windward

2:45 pm, Activity Room

Michael Winward, an independent dance artist, will be coming by for another afternoon of ballroom dancing. With influences in American-style ballroom, ballet and contemporary dance practices, his work places a strong focus on building connections. Connection to one's body, one's self, one's audience; connection between dance partners, connection within and across communities. In 2016, Michael founded Steps in Time, a program that brings ballroom dance workshops to senior communities. Ballroom dancing provides incredible benefits to older adults. It encourages good posture and it provides low-impact, cardiovascular exercise. All are welcome, whether you would like to participate or just spectate!

Friday, June 27

Monthly Birthday Party with Ray Novak,

piano

2:30 pm, Activity Room

Everyone is invited to attend our monthly birthday party to celebrate all those born in June!

Ray Novack will be performing on piano. He is a professional piano player and singer.

Ray taught music for 35 in Beverly, and now with directs the jazz ensemble at Endicott College.



VAN TRANSPORTATION

For Medical Appointments on **TUESDAYS & THURSDAYS** first appointment at 9:00 a.m. last appointment 3:00 p.m. See calendar for Weekly Shopping Trips. **See FRONT DESK to schedule the van.**

JUNE 2019



Calendar of Events

Windsor Place Assisted Living

92 West Street, Wilmington, MA 01887

(978) 988-2300

Monday, June 3 & 17

Chair Yoga with Marianne Bergonzi

10:00 am, Activity Room

All are welcome to attend Marianne's bi-monthly yoga class. Yoga is a study of your body, mind and breath. It is about learning how to undo unconscious repetitive patterns of movement that do not serve us well. Yoga teaches us how to open up the joints of our body and allow more supple movement of the spine, freeing ourselves of tension and stress. This class will last for 45 minutes.

Monday, June 3

Pottery Class with

Magic Brush Pottery

11:00 am, Pub

Tricia Langelah from Magic Brush Pottery will take her Tewksbury studio to us, holding a ceramics class in the pub. Residents will paint a bowl, and Tricia will take the ceramics back to her studio, fire them in the kiln, and return the finished product in 2 weeks!



Wednesday, June 5

Trip: The Butterfly Place

11:00 am departure

Ticket price \$10

Located In Westford, see New England butterflies and tropical species from all over the world. Walk along a winding pathway. Observe butterflies sipping from flowers, basking in the sunshine and flying freely in a natural habitat. Enjoy our koi fish and quail birds which live among the butterflies. Visit the "show and tell bench" where a staff member is always available to answer your questions and help make your visit fun. See eggs, caterpillars or other in-

teresting creatures up close. Watch a 15 minute, continuously running video which explains the butterfly life cycle and shares fun facts. Explore exhibits where you may observe eggs, caterpillars, cocoons and chrysalides. Each display gives information about the species featured.



Wednesday, June 12

Trip: Greater Boston Stage Company for

The Three Musketeers

1:00 pm departure

Ticket price is \$32

It's all for one and one for all as D'Artagnan and the three musketeers fight to protect the ones they love from the sinister exploits of Cardinal Richelieu. With a cast of predominantly black and brown actors, this action-packed, humor-filled and romantic take on Alexandre Dumas' classic tale reminds us that with strength, courage, wit, wisdom, and friends, you should always fight for what you believe in.



Wednesday, June 19

Trip: Lunch Cruise on the Concord River

12:00 pm departure

Ticket Price is

Relax while cruising on the Concord and Sudbury Rivers - enjoying a unique dining experience aboard a pontoon boat. View the homes of the 1800's and nature at its best. Watch for turtles, blue herons, geese, ducks and other wildlife along the river banks. Take a cruise to Fairhaven Bay, where